

Should you go abroad for your dental work?

Concerned about the high price of dental care in Ireland? Why not take advantage of the affordable and expert treatments available at Kreativ Dental Clinic, Budapest

Today more and more people are choosing to go abroad for dental care. And for good reason - you can often get treatment abroad for a snip of the price you would pay here. In fact you can make savings of between 60 and 70 per cent.

That said, according to Mary Flanagan who is the Irish representative for Budapest-based Kreativ Dental Clinic, "people are obviously very conscious about how much they are paying for their dental work however the quality of the treatment and the qualifications of the dentists are of the utmost importance". Kreativ Dental Clinic is the founder of Dental Tourism and has been treating Irish patients for 17 years.

"Budapest is the centre of excellence for dentistry in Europe. All of our dentists are experts in their own respective fields of dentistry, including oral surgeons, a Maxillofacial surgeon, endodontist and periodontist. I would advise people considering dental treatment abroad, at Kreativ Dental Clinic to read the independent reviews on Google and to check out our patient testimonial views on YouTube. They really do speak for themselves."

Even celebrities are raving about the clinic with the likes of Ken Doherty (the clinic's Irish Ambassador), Cathy O'Connor (stylist) Maura Derrane (presenter), Lisa Murphy (news anchor) and Aisling O'Loughlin (Xpose presenter) all having work done at Kreativ Dental Clinic.

But if anyone knows the importance of choosing quality dental care it is Mary Flanagan. At 25, she began having problems with her teeth. This was due to an incorrect bite (occlusion) which was later diagnosed and rectified by Kreativ Dental Clinic.

Over the space of 15 years she had many root canal treatments, crowns fitted which later fell out, followed by eight teeth extracted due to failure of root canals, needless to say she still didn't have the smile she had dreamed of.

"It really affected my confidence," she says. "I used to speak to people with my hand covering my mouth. I was really embarrassed by my teeth, or lack thereof."

"It also affected my ability to eat proper food. If I was at a restaurant I would have to order soft food. It wasn't very enjoyable or healthy."

At 35 Mary was told by one Irish dentist that her only option was dentures. Another told her he could do the work but it would cost up to €60,000. It was at this point that a friend's uncle, who happened to be a retired Irish dentist, recommended she visit the experts at Kreativ Dental in Budapest.

"I was petrified," continues Mary. "I had had so many problems with dentists over the years that I didn't know what to expect or what I would find once I reached Budapest."

What she found was a five star purpose-built ultramodern clinic comprising of six surgeries, a laboratory, digital X-ray machines, Cat Scan machine, its own on-site laboratory and even a rooftop café.

The clinic employs a range of dental specialists and offers a suite of treatments including dental implants, porcelain crowns and bridges, dentures, periodontal surgery, root canal treatment, gnathological treatment and tooth whitening.

RESULTS

"I was put at ease straight away," says Mary. "I had a consultation, an OPG X-ray, which was viewed by the team of dental specialists and I was then advised as to what options were available to me."

Mary ended up having eight implants and 26 porcelain crowns fitted at the much lower price-tag of €12,000 plus €400 for her flights.

"It was absolutely brilliant. I finally got my confidence back and I can eat food I couldn't eat before. That's why I'm passionate about the clinic."

Mary is so passionate that she began working as the clinic's Irish representative 18 months ago.

"I had been working in insurance for 33 years and became redundant a year and a half ago. When I was offered the opportunity of becoming the Irish representative for Kreativ Dental clinic I jumped at it."

Having been through the complete experience herself, Mary is 100 per cent confident and passionate in recommending the clinic.

"I am delighted with my results and I know that I wouldn't have received the same expertise in this country. Price was also a major factor in having the work done, I saved 70% and it is possible to claim tax back similar to visiting an Irish dentist."

"I have huge empathy for patients as I was that patient. A lot of people have a huge fear of the dentist but the reality is, the longer you leave it, the worse it gets and the more expensive it becomes. I travel with people to Budapest if they're nervous or would like to be part of our accompanied trips. Kreativ Dental Clinic is unique in providing this service in Ireland. I travel on the plane with people, stay in the same hotel and accompany them to the clinic. For some people, this can be very reassuring."

"What I do is so rewarding. I received a text from a man recently which simply said 'I have my life back'. It's a life-changing experience."



Mary Flanagan

Planning your trip – what should you expect to pay?

While a consultation and OPG X-ray at home can average at €80, at Kreativ Dental it is completely free. In fact, the clinic does everything it can to keep costs down. Part of Mary's job is to advise clients of when and how to secure the best value flights, she organises free airport transfers, free Budapest travel pass, books the clinic appointments and hotel accommodation. Mary takes all the hassle out of your travelling. If your treatment plan is in excess of €1,800 Kreativ Dental will reimburse your flight ticket to a maximum value of €180.

For more information on Kreativ Dental clinic, log onto kreativdentalclinic.eu or call Mary on (01) 8055526 or 086 0299998.

